

Connecting Across Differences`
An Introduction to Nonviolent Communication
January 13 & 14, 2018
9 – 4 each day



- You will practice the skills of nonviolent thinking and relating.
- You will learn about Interpersonal Neurobiology - what is happening in our bodies when we are reactive, and how to build self-regulation capacities.
- You will have fun and learn empowering ways of being a constructive citizen.

Honor Martin Luther King, Jr., by expanding capacities for building sustainable caring communities.

Location:

The Holocaust & Human Rights Center of Maine
46 University Dr
Augusta, ME 04330

This event is a fundraiser for Nibezum - Seven Generations Healing

<http://nibezun.org/index.php/earth/earth-project/>

To preserve, protect and promote the traditional wisdom and culture of the five tribal nations of the Wabanaki Confederacy for the benefit of all People.

Fee request: \$150. *No one will be turned away due to finances; please request a reduced fee if necessary.*

Registration: Online at www.opencommunication.org/schedule.html

OR fill out the registration form below and mail it with your donation.

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Mail-in Registration form**

Name: _____

Email: _____

Street address: _____

Town, State, zip _____

___ Enclosed is the full fee request of \$150

___ Enclosed is a reduced fee of \$___ (I will do my best to contribute generously)

I understand that 50% of the day's profits will be sent as a donation to the Nibezun Project.
<http://nibezun.org>

Please make checks payable to: Open Communication
and mail to:
Peggy Smith
2807 Atlantic Hwy
Lincolnvile, ME 04849