

**Bringing Mindful Speech to Life**  
**January 17 - 19, 2020**  
**Kennedy Learning Center, Camp Kieve, Nobleboro, ME**  
**Space is limited, please register early to ensure a place.**  
**Registration CLOSES Jan. 9th**

Name:

Email (please print carefully):

Address:

Phone:

Are you willing to offer a ride share?    Yes    No

*PLEASE NOTE: This year, the six meals provided will all be vegetarian, with some vegan options.*

I have these food allergies:

To help us assign rooms please indicate

if you have trouble with stairs \_\_\_

if you snore \_\_\_

gender: (please circle) Female    Male    Other

Do you have someone you want to room with?

On the back of this form, please record:

previous meditation experience if any

previous NVC experience if any

the name and phone number of an emergency contact person, and their relationship to you.

**Room & Board:** double occupancy **\$310**

**Please make checks payable to Open Communication**

*If you cancel before January 10, and we can replace you from the waiting list,  
your fee will be returned minus \$10.*

**Tuition:** Please note that the above fees cover costs only. Tuition is by donation during the weekend. There will be an opportunity at the retreat to donate to the well-being of the teachers and the teachings. Dana is intended to be a practice of open heartedness, generosity and gratitude. There are many ways to express this, financially is one way. We appreciate your presence at the retreat, sharing your time is itself an act of generosity which we treasure.

**Mail deposit & registration form to:**

**Peggy Smith**

**2807 Atlantic Hwy.**

**Lincolntonville, ME 04849**